BALANCE PROMOTION

The Qi to a happy life

Master Oh on how to harness 'human energy' and the importance of clearing inherited energy patterns

THE FOUNDER



Master Oh Master Oh is a Korean Qi Master and the founder of Jung Shim, a practice which helps people thrive in today's world by learning to harness the power of their own 'human energy' -Qi. He travels the globe giving energy treatments, talks and runs a unique programme to clear inherited energy patterns passed down from previous

generations.

To receive 30% off your first energy treatment with Master Oh, quote 'Balance'.

Q What led you to become a Qi Master?

A. As a student, I really struggled with my health and was always in and out of hospital. After searching for many years, I came across a method which taught me how to harness the power of `human energy' by connecting to our original life source. For the first time, I was free from anxiety and my body was able to heal. I knew my purpose was to share this healing method with the world.

Q What does it mean to be a Qi Master?

A. The role of a Qi Master is to share the unique vibration of Qi with people. By receiving Qi, people can heal physically, mentally and emotionally. They can open their heart and find happiness, no matter what else is happening in their life.

How do you achieve this? A: The Energy Treatments I give relieve pain and anxiety, calm the mind and help people regain vitality by receiving Qi. Ancestor Healing clears inherited energy patterns, which are often at the root of most health and emotional issues.

Q What impact did Ancestor Healing have on you? A: It changed my life. After completing the programme I finally regained my health, mental clarity and energy. I realised the extraordinary influence that the energy from our ancestors has on our life.

Q How can people benefit from clearing inherited ancestral energy patterns?

A. Symptoms like chronic fatigue, infertility, depression, anxiety, deep sadness, anger and even physical pain can come from our family. If this is the case, ancestor healing can bring about a big shift.

Q What's the best thing about your job?

A: Giving hope and happiness to people, especially those in difficult situations or with severe conditions. When I see them get better, I feel full of gratitude for being able to share this healing energy with others.

Master Oh is based at the London Jung Shim centre near Oxford Circus. To find out more, visit **masteroh.com** and **jungshim.org**



TESTIMONIAL

"My partner and I had been trying for a baby for so long without any success. We were told because of my age our only option was IVF. Then, after just four months of seeing Master Oh, I naturally became pregnant without the use of IVF treatment. My partner and I couldn't believe it" Gina Anton, London